






One Piece of Equipment for All Fitness Needs

- 4-in-1 piece of fitness equipment; kettlebell, dumbbell, double grip med ball, push-up stand all in one
- Designed by experts in fitness and industrial design
- Non slip, non rust neoprene
- Ideal for training anywhere
- Proven efficient workouts
- New unique YBell exercises

SIZE	MILLIMETERS			INCHES			WEIGHT	
	X	Y	Z	X	Y	Z	Pounds	Kilograms
Extra Small 	168	150	173	6.6	5.9	6.8	10	4.5
Small 	153	172	182	6.0	6.8	7.2	14	6
Medium 	167	187	196	6.6	7.4	7.7	18.5	8
Large 	178	200	206	7.0	7.9	8.1	22.5	10
Extra Large 	192	217	210	7.5	8.5	8.3	27	12